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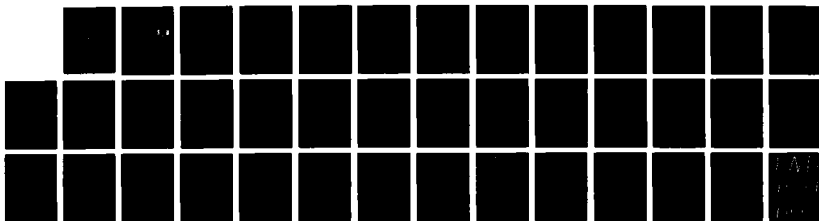
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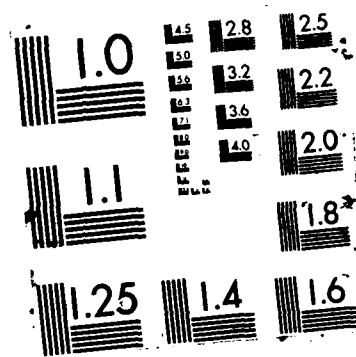
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STUDIES OF ALTERED RESPONSES TO INFECTION INDUCED BY THERMAL INJURY

FINAL REPORT

Carol L. Miller, Ph.D.

July 28, 1987

January 1977 - April 1986

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19. ABSTRACT (Continue on reverse if necessary and identify by block number) Over the life of this contract, we have made the initial demonstration of the post trauma generation of T suppressor lymphocytes, we have determined that nutritional depletion is not the trigger but rather the result of post injury cellular aberrations, we have adapted and developed number of new assays for assessing trauma patients cellular immune function, which include: a measurement of MØ Plasminogen activator production, an assay for MØ procoagulant activity, an assay for patient T suppressor cells which uses a MØ target and requires a 2 day incubation rather than a 6 day incubation, and an assay for patient leukocyte pyrogen production. Using these assays, we have defined a number of crucial defects in both monocyte and T cell functions which are correlated with post trauma immunosuppression. Our current hypothesis is that alterations in crucial MØ T cell interactions may be the underlying mechanism of post trauma immunosuppression. In addition, we have examined several types of prophylactic therapies which are directed toward modulating the monocyte and T cell defects we described. Our data seems to indicate that a combination of defects may be resulting in the immunocompromised trauma patient syndrome. Effective immunotherapy may require a combination of immunotherapeutic (OVER)						
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# 19. Abstract

agents to contravene these multiple defects. The assays which we have developed are therefore important in the monitoring of the patients for the efficacy of immunotherapy as well as for detecting post trauma alterations in patient leukocyte function.

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## FOREWORD

For the protection of human subjects the investigator has adhered to policies of applicable Federal Law 45CFR46.

In conducting research using animals, the investigator adhered to the "Guide for the Care and Use of Laboratory Animals," prepared by the Committee on Care and use of Laboratory Animals of the Institute of Laboratory Animal Resources, National Research Council (NIH Publication No. 86-23, Revised 1985).

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## Introduction

The severely injured patient develops host defense defects which can be directly correlated to an increased incidence of septic complications. In particular, development of augmented regulatory cells, both inhibitory monocytes (inh MØ) and suppressor T lymphocytes ( $T_s$ ), have been linked to the post-trauma immunoincompetence. The hypothesis under investigation in this laboratory is that inimical alterations in vital monocyte-T cell interactions play a pivotal role in the development of excessive regulatory cells and the depression of the specific immune systems which occur post-trauma. In addition, we postulate that these MØ dysfunctions are important contributors to the depression of other non-specific host defense systems. Two MØ functions, antigen presentation in association with immune response antigens (Ia) and mediator production (Interleukin-1), are absolutely required for initiation of antigen specific responses by T helper lymphocytes ( $T_h$ ). An interruption to either of these crucial functions leads to decreased immune function and augmentation of  $T_s$  development. It is our contention that changes in certain MØ functions mirror alterations in MØ immune capacity and differentiation status. Trauma patients have been demonstrated to have depressed immune capacity and excess immune regulatory activity. Consequently, we contend that monitoring certain crucial patient MØ functions not only allows characterization of patients' host defense status, but also promotes understanding of mechanisms which control the balance between immune stimulation and immune regulation.

In order to detect aberrant MØ-T cell interactions, purified and isolated cell populations (e.g. fac MØ plus  $T_h$ , free of inh MØ or  $T_s$ ) must be employed.



When we initiated our trauma-patient studies, no such purification techniques were available and no  $T_h$  activity had been detected before 7 days post-injury. Consequently, we focused on altered fac  $M\phi$  function, as measured by changes in monokine production, as a likely initiator of altered  $M\phi$ -T cell interaction post trauma. We chose plasminogen activator (PA) production as our measure of fac  $M\phi$  function. PA could be measured in a T-cell free assay system. In any assayed system which has T cells and  $M\phi$ , there is a confusion in data interpretation between  $M\phi$  mediated defects and T-cell mediated defects which are also reflected in  $M\phi$ . PA was also known to act as an immune mediator with mitogenic activity for  $T_h$  (1, 2). We demonstrated that depressed  $M\phi$  PA function appeared several post-trauma days before detectable  $T_h$  and that PA depression correlated both to mitogen hyporesponsiveness and increased septic complications (3, 4). These data indicated that a crucial  $M\phi$  dysfunction initiated immunoincompetence.

Other investigators, finding no defect in post-trauma  $M\phi$  IL-1 production, concluded that a  $M\phi$  defect played no role in initiating post-trauma immunoincompetence (5). However, the IL-1 assay gives no information on  $M\phi$  Ag presenting capacity. In addition, the technique used to test IL-1 (the LAF assay) measures all monokine activation of T-cell subsets since it assesses thymocyte proliferation. Therefore this assay is not specific for IL-1. The LAF assay would fail to detect a shift in monokines that activated  $T_h$  (IL-1) to that which activated  $T_s$ . Both  $PGE_2$  and other inhibitory monokines are known to preferentially increase  $T_s$  proliferation (6-8). Several laboratories, including our own, have shown an increased  $PGE_2$  production occurring almost immediately post-trauma (9, 10). Therefore, the detection of unaltered LAF activity post-trauma fails to discriminate between normal fac  $M\phi$  function and aberrant  $M\phi$  activation of  $T_s$ . Furthermore,  $M\phi$  generation of LP activity generally parallels production of IL-1 activity, but some  $M\phi$  supernates with high LP activity are involved in  $T_s$  generation (11, 12). Our data indicate increased  $M\phi$  LP activity in trauma patients who develop septic complications.

Other MØ secretory products like complement (C) components and procoagulant activity (PCA) also have potent effects on the immune system (13-15). Synthesis of these MØ products is also altered post-injury (16, 17). C synthesis decreases while PCA generation increases (16-18). All these monokine changes may reflect alterations in MØ subset ratios and consequent changes in MØ-T cell interactions. However, since our isolated MØ populations contain both inh and fac MØ, these data could result from increased patient PGE<sub>2</sub> activity rather than from a fac MØ defect. In order to actually pinpoint the early events which unbalance the immune network, it is necessary to examine separated patient MØ and T lymphocyte subsets.

Recent development of monoclonal antibodies and the availability of sorting techniques have made isolation of T cell and MØ subsets feasible. Anti-T8 monoclonal antibodies distinguishes the T8<sup>+</sup> expressing human T suppressor/cytotoxic cells (T<sub>s</sub>) from those human T helper/inducer (T<sub>h</sub>) cells, which express T4 and can be detected with anti-T4 monoclonal antibodies. The T4<sup>+</sup> T helper/inducer cells can be further divided into suppressor inducers (T<sub>s</sub> inducer) and helper inducers (T<sub>h</sub> inducer). The T<sub>s</sub> inducers can be isolated by using another group of monoclonals (anti-leu 8 or anti-2H4 monoclonal antibodies). Once the 2H4<sup>+</sup> T<sub>s</sub> inducers have been removed by panning techniques, only T<sub>h</sub> inducers should remain in the T4<sup>+</sup> population. T4<sup>+</sup> 2H4<sup>-</sup> cells both act as helper inducer (i.e., interact with APC) and produce IL-2.

MØ complement receptors (CR) and Fc receptors may also identify stable differentiation subsets. Only about 50% of MØ can be induced by lymphokines to express CR receptors (19). Lymphokines seem to drive MØ differentiation in a one-way fashion (20, 21). However, most lymphokines act on Fc and CR bearing cells, not by changing the number of receptors expressed but, by enhancing the activity of that particular MØ subset by some other mechanism (21, 22). Once expressed, CR3 or C3bi(OKM1) and Fc numbers are not changed by adjuvant stimulation (20, 21, 22, 23). In fact, the ability of MØ subsets to respond to

certain inflammatory stimuli depends on the expression of these markers (CR1, CR3, Fc) (21, 22).

Post-trauma depression of monokine activity could reflect a change in the MØ APC subset rather than increased inh MØ in the test population. A T<sub>s</sub> subset which suppresses MØ Ia expression has been detected in murine and human systems (24, 25). The appearance of such a T<sub>s</sub> subset after trauma would severely compromise fac MØ function and eventually generate more T<sub>s</sub> (perhaps another subset). A T<sub>s</sub> with a MØ target has not as yet been detected post-injury. Such a T<sub>s</sub> subset could have gone undetected because (1) it was genetically restricted, (2) it had only a MØ APC target, and/or (3) its effect was solely detectable on target cells with increased susceptibility to suppression (patient's own cells) (26, 27, 28, 29). Most of the current assays for trauma patients' T<sub>s</sub> assess suppression of third party allogeneic MLR or of mitogen responses (30, 31). Neither the MLR or the mitogen assay detect genetically restricted T<sub>s</sub>. The mitogen assay would fail to detect a T<sub>s</sub> with an APC MØ for a target. The MLR would obviously not detect a genetically restricted T<sub>s</sub>. Based on murine data characterizing MØ-T<sub>s</sub> interactions, we concluded that the appearance of a genetically restricted T<sub>s</sub> immediately post-trauma is probably not the initial trigger of immune unbalancing. Nevertheless, we have concentrated on developing an assay with patient cells which detects suppression of the patients own MØ. This system would detect a genetically restricted T<sub>s</sub>.

There is another possible complication in evaluating post-trauma alterations in patients' MØ-T cell interactions. Many MØ adjuvants such as MDP, LPS, and peptidoglycan are bacterial products which would be present in the local wound environment after severe injury. Such MØ stimulators might change the state of MØ activation and thereby alter the MØ-T cell interactions at the local site. Peripheral blood MØ-T cells interactions may not reflect MØ activity at local sites. Therefore, it is important to assess, post-trauma, not only monokine production and MØ-T cell interaction, but also MØ responses after adjuvant

stimulation. It is necessary to demonstrate that the detected post-trauma alterations in monokine production and/or MØ-T cell interactions are stable physiological changes irreversible by adjuvants. This does not mean that giving adjuvants immediately post-injury could not prevent a MØ defect, but only that a trauma-generated MØ defect is stable.

If it can be shown that the alterations detected in subset interactions are due to stable physiological changes, it should be possible to develop a phenotype profile of the aberrant MØ. Since Fc, CR and Ia expression appear most effected by MØ differentiation state, they might be markers which are altered in MØ subsets whose MØ-T interactions are aberrant. A stable marker phenotype could be established for aberrant MØ and linked to their altered immune functions. Once this is accomplished, a one-day monitoring of trauma patient immune deficiencies could be performed by fluorescent cytometric analysis to quickly identify the patient at risk. In addition, prophylactic therapies specifically designed to correct the MØ-T cell pathway imbalance could be initiated. An excess of  $T_h$  and depressed MØ Ag presenting capacity due to decreased Ia expression could be treated by expanding the  $T_h$  population (TP5) and increasing MØ Ia expression (IL-2) (32, 33). An excess of  $PGE_2$  producing MØ could be treated with administration of prostacycline inhibitors. Finally, the availability of a phenotypic profile should facilitate monitoring of the corrective effects of prophylactic therapy on the defective cells.

### Results and Discussion

During the life of this contract, 271 patients have been studied of which 106 were burn patients and 65 were trauma patients with an ISS of >20. Of these patients, 35 expired from septic complications. A representative group of 26 burn patients is presented on Table 1. In our original army supported work, we utilized a murine model to establish that there was a defect in the overall

immune response after thermal injury (Publication #1). In that original work performed in the murine model, we demonstrated that B lymphocytes were not defective but that the burn induced immune defect was at the level of the T cells and/or MØ. At the same time, we were examining T lymphocyte proliferation in patient peripheral blood mononuclear cells to determine if a similar type of T cell defect was also present in patient populations (Publication #2). We found that trauma patients not only had reduced T lymphocyte proliferative function but that T suppressor lymphocytes were generated as a result of both thermal injury and severe trauma (Publications #3-6). This was the first demonstration of the actual generation of  $T_s$  lymphocytes in patient populations although their existence had been postulated by Munster (34).

One mechanism by which T lymphocyte defects could be generated and excessive  $T_s$  activity could be induced revolved around MØ defects. The immunological literature of that period was just beginning to examine the role of MØ in T lymphocyte activation. A few papers appeared which suggested that depletion of antigen presenting MØ resulted in increased generation of  $T_s$  (35). Alternatively, other authors suggested that increased MØ  $PGE_2$  activity would increase  $T_s$  activity (36). This laboratory began to examine the monocyte functions of trauma patients to determine if MØ dysfunctions could be correlated with immunoincompetence. In a series of papers, the laboratory explored a number of different monocyte functions to determine if patient MØ function was altered. Initially, we chose to assess monocyte production of plasminogen activator (PA), monocyte procoagulant activity (PCA) or tissue factor (TF), and MØ lysozyme production. We selected these activities because MØ PA production had been suggested to be correlated to antigen presenting function while excessive coagulation (and possibly MØ PCA) had been linked to increased septic episodes (Publications #7-13). MØ lysozyme production had been demonstrated to be relatively unaffected by immune stimuli and to serve as a MØ viability marker. Not only was this laboratory one of the first to describe post trauma

MØ dysfunction, but we also developed and adapted for patient use a number of MØ assays. We are still one of the few laboratories monitoring MØ plasminogen activator function. In a series of publications over the next several years, we demonstrated that an inhibitory MØ (one possibly producing PGE<sub>2</sub>) was induced in the trauma patient population. It was clear both from our own and others' work that MØ could interact with T cells in two ways. MØ could turn on or facilitate T cell function or MØ could inhibit T cell function. Patients appeared to have an increase in inhibitory MØ (Publications #7-15).

Correlation of patient MØ and T cell aberrations with the patients' clinical course allowed us to define the immune defects in the trauma patients which were predictive of the development of immunoincompetence. We then began to investigate mechanisms by which trauma might mediate these defects (Publications #19-27). Several possible mechanisms were suggested by data in the literature. One possibility was that the metabolic derangement that follows trauma was leading to protein depletion. Protein depletion was suggested as leading to immune dysfunction by not allowing the protein synthetic process necessary to produce lymphokines and/or antibody. Consequently, we examined the effect of nutritional deprivation on immune functions (Publications #16-18) and the ability of nutritional support to ameliorate immune dysfunctions. We found that the ability of B lymphocytes to produce specific antibody in response to antigen and T lymphokines was conserved in protein depleted animals up to the point of almost total protein deprivation. A number of other protein dependent systems were affected before B lymphocyte function. In another set of studies, we examined the ability of nutritional support to prevent the development of MØ defects in trauma patients. What became apparent was that the post trauma development of excessive protein catabolism was associated with, but was not necessarily responsible for, the development of MØ dysfunction. Nevertheless, nutritionally supporting the patients with intravenous solutions of amino acid plus glucose did not prevent the development of MØ dysfunction but did reduce

some of the cachexia experience by the patients (Publication #18). At that period, it was not known that the monocyte products or monokines such as tumor necrosis factor (TNF) and Interleukin-1 (IL-1) induced cachexia and proteolysis (Publications #37, 38). We concluded that some connection existed between MØ dysfunction and post trauma protein depletion but that protein depletion was not causing the immune dysfunction. In our current studies, we are actually measuring patient MØ TNF and IL-1 production post trauma. However, even early in our studies we reported a link between metabolic derangement and MØ dysfunction.

In order to determine how trauma could result in an effect on cells of the distal immune system, we next concentrated on the effect of trauma on the production of inflammatory mediators that were known to affect immune cell function at a distance. For example, both fibrin degradation products and complement split products had been suggested as depressing T lymphocyte function. The cellular target for these inflammatory mediators was undefined, but it was known that MØ had both fibrin receptors and complement receptors whereas T lymphocytes appeared to have no fibrin receptors and few complement receptors. The target for complement and fibrin was therefore most likely a MØ. Adequate monocyte function was known to be necessary for T cell secretion of lymphokines and proliferation. In addition, trauma produced massive elevation of both fibrin degradation products and complement split products. Because of this association between MØ with receptors for fibrin and complement and trauma induced products, we assumed that trauma might ultimately affect immune function by its effect on MØ production of inflammatory products. Therefore, we examined the production of patient MØ Procoagulant Activity (PCA) or tissue factor which had been previously suggested to be involved in fibrin deposition. We examined post trauma MØ production of PCA and found that it was elevated in all trauma patients and significantly elevated in patients who developed thromboembolic complications (Publication #22). These data implied that there might be an

increase in immunosuppressive fibrin degradation products secondary to MØ mediated increased fibin deposition. However, the increase in MØ PCA levels did not seem to be as evident in thermally injured patients and was less germane to their development of immunosuppression. The importance of elevated MØ PCA levels in trauma patients splenectomized as the result of their injuries was more apparent (Publications #22, 23).

To further study the possible association between post trauma elevation in complement (C) split products and immunosuppression, we also examined MØ production of complement component C2. Initial experiments were designed to assess our ability to utilize the complement plaque assay (Publication #31). C components are monokines which may be influencing not only immune function but also neutrophile function. Many C split products are inhibitory to MØ and T<sub>h</sub> function while others increase MØ activation (13-15, 39-46). Complement split products are also crucially important in neutrophile chemotaxis and phagocytosis. MØ synthesis of some of the C components (C4, C3, C2, C5, Factor B) controls their concentrations at the local injury site (47-52). Consequently, a decrease in MØ synthesis of various critical C components could lead to insufficient C levels at the injury site even though no decrease in serum complement levels was detected. We have monitored the level of C2 synthesized spontaneously and after in vitro stimulus of the MØ Fc receptor by immunoglobulin fragments as was previously demonstrated. Data in Tables 1, 2, 3, and 4 illustrate results from our complement experiments. We first established that the crystalline fragment of immunoglobulin (Fc fragment) produced the best stimulation of C2 synthesis (Table 2). PHA-induced T-cell lymphokines stimulated synthesis more variably than did the Fc fragments (Table 3). To study other possible stimulators of MØ C synthesis, we assessed the effect of PPD on MØ. Data from the literature had suggested that PPD was a good stimulator of some monocyte functions. In our hands, PPD failed to



increase the levels of MØ C synthesis over that spontaneously seen in culture (Table 4). Consequently, we decided to use IgG Fc fragment as the stimulating agent. We also compared 2 days vs. 4 days of in vitro stimulus with the Fc fragment to ascertain where maximum C synthesis occurred. It appeared that most normal individuals showed tripling of C synthesizing MØ between unstimulated and stimulated cultures after only 2 days of incubation. After 4 days of culture the difference between stimulated and unstimulated MØ C synthesis was only two-fold. However, the maximum absolute number of detectable plaques (i.e. C synthesizing MØ) was greatest after 4 days of culture. Consequently, we have chosen to assay patient and normal responses after 4 days of culture to ensure that the maximum number of C synthesizing MØ is always detected. The assay is, therefore, weighed in the patient's favor and against detecting a defect. Even in this assay, however, it is quite apparent that there is a major and significant difference between MØ C synthesis by patients and by normals (Table 5). After severe injury, the MØ at the injury site should be activated to increase C synthesis. In fact, patient MØ are unable to respond to immune stimuli with increased MØ C synthesis. Consequently, our data suggest that an immunoincompetent trauma patient would not only have reduced C levels because of decreased lymphokine activity, but also that the MØ themselves would have reduced synthetic capacity. The level of fresh C available at the injury site for PMN chemotaxis and phagocytosis would be drastically reduced in these patients (Publications #31, 33). One of the problems of continuing the monitoring of the patients' C2 levels is that the assay requires a fairly large number of isolated patient monocytes. Although depression of C2 levels may be reflective of depression of synthesis of other vital complement components such as C3 and C5, the evidence for coordinate C synthesis has only been demonstrated for C2 and C4. Consequently, this assay may not be indicating a reduction in MØ C3 synthesis since it is C3 split products that are immunosuppressive. It is

not clear that measurement of patient C2 synthesis gives us the best return in information for the number of MØ needed. In addition, it has been demonstrated that a rise in MØ PGE<sub>2</sub> will dramatically depress MØ C synthesis. Consequently, the decrease in patient MØ C synthesis that we observe may be simply another indicator of increased patient MØ PGE<sub>2</sub> synthesis. This laboratory no longer is monitoring patient MØ C2 levels since measurement of MØ PGE<sub>2</sub> is probably more relevant and requires no extra patient MØ isolation.

The effect of elevated MØ produced PGE<sub>2</sub> was being widely described in immunology literature. In addition to depressing MØ complement synthesis, PGE<sub>2</sub> decreases MØ Plasminogen activator production, MØ Interleukin 1 production, T cell IL-2 production, MØ chemotaxis, and activates T<sub>H</sub>. Any major elevation of MØ PGE<sub>2</sub> production would, therefore, have major depressive effects on patients' host defense systems. Elevation of MØ PGE<sub>2</sub> could result in many of the defects described in trauma victims including reduced MØ PA production, depressed T lymphocytes, mitogen responses, increased T<sub>H</sub> activity, depressed IL-2 production, and decreased C levels. Major difficulties were being encountered, however, in assays for direct PGE<sub>2</sub> measurement. This laboratory initially used an RIA against PGB for the measurement of PGE<sub>2</sub> in the supernates from burn patients MØ. This initial commercially purchased assay was dependent upon the extraction of all prostaglandins other than PGE<sub>2</sub> from the samples and then the conversion of the PGE<sub>2</sub> to PGB. The PGB levels were then measured on an RIA with antibody to PGB. This assay was not only time consuming but it also had extremely low sensitivity. The extraction was variable, sometimes resulting in PGE<sub>2</sub> loss or less than adequate removal of other PG. The antisera was not monospecific and produced cross reactivity with contaminating PG of types other than PGE<sub>2</sub>. When we added known amounts of PGE<sub>2</sub> to the media and fetal calf serum, we found that the detection level over the high background was about 10,000 pg/ml. Consequently, the pg amounts detected for the patients were not quantitative. Because of the above mentioned and other problems with the PGE<sub>2</sub>

assay, there is little data in the literature regarding measured  $\text{PGE}_2$  levels in trauma immunosuppression. Nevertheless, in assaying burn patient  $\text{MØ}$  samples we were able to detect much higher levels of  $\text{PGE}_2$  than in normal control  $\text{MØ}$  samples. Although we had doubts about the quantitative values, it was obvious that a qualitative difference existed between normals and controls (Publications #27, 28). This first indication of massively increased  $\text{PGE}_2$  in patient samples lead us to adopt another commercial assay system which utilized a monospecific anti- $\text{PGE}_2$  antisera and allowed direct detection of patient  $\text{PGE}_2$  without conversion or extraction. Using this assay, we were able to obtain a good measure of the  $\text{PGE}_2$  (Table 6). The primary difficulty with this assay is that it takes 2-3 days to complete and has an accuracy range of 300-15,000 pg. At higher  $\text{PGE}_2$  concentrations, the accuracy falls off. Consequently, many samples needed to be run multiple times in order to get all the samples in that assay diluted to a concentration which puts them into the 300-15,000 range. In addition, the commercial tracer ( $\text{I}^{125}\text{-PGE}_2$ ) is only prepared once every six weeks. As it decays, the accuracy range of the assay narrows even further. Consequently, we often had to repeatedly run our samples to obtain accurate quantitation of the  $\text{PGE}_2$  amounts. Most recently, we have adopted an ELISA assay for  $\text{PGE}_2$ . This new commercial kit has much greater sensitivity, an overnight assay time, as well as automated data calculation. The Department of Surgery recently purchased a Dynatech plate reader. This reader is used for the  $\text{PGE}_2$  ELISA, for an assay for tumor necrosis factor, as well as RIA. The software for data analysis which we use for all these assays is run on the Compac 286 purchased on this army contract. With this latest  $\text{PGE}_2$  assay, we expect to be able to expand the number of patient samples we assess for  $\text{PGE}_2$ .

The elevation of  $\text{PGE}_2$  is probably one of the most critical events in determining post trauma immunosuppression. Recently reported data indicates that the addition of exogenous IL-2 can not reverse the down regulator of T cell proliferation induced by  $\text{PGE}_2$  (53). These data imply that although IL-2

secretion is depressed in immunosuppressed trauma patients, IL-2 therapy would be ineffectual in restoring immune function. Another potentially important MØ dysfunction in trauma patients is the metabolic derangement that is a feature of severe trauma. Excessive protein catabolism, cachexia, and overactivation of acute phase reactants are all characteristic of severe traumatic injury and have been attributed to the post traumatic release of a MØ product (37). One of the paradoxes of the immune suppressive trauma patient syndrome is that a split product of the monokine IL-1 is supposedly responsible for the aberrant metabolic function in these patients, yet MØ turn on of T cells which requires IL-1 is reduced in these patients. Although originally several investigators reported no decrease in MØ IL-1 after severe injury (5, 54), some of these same investigators and several other laboratories have seen depressed MØ IL-1 activity post trauma and sepsis (55). IL-1 can also act as a leukocyte pyrogen (56). Consequently, we examined the leukocyte pyrogen production in post trauma patients. We initiated a modification of the Bodel leukocyte pyrogen (LP) assay to measure the LP production of isolated patient MØ as can be seen in Table 7. In contrast to our expectations, patient MØ LP activity was markedly elevated in the face of depression of MØ PA production. We have confirmed this finding in a wide number of patients and have shown that increased LP activity coincides with septic episodes (Publication #36). It is possible, therefore, that the marked increase in MØ patient LP may be a result of septic episodes rather than a cause of immunosuppression. Nevertheless, we have also been able to show that  $T_h$  induce a marked increase in MØ production of LP while concomitantly depressing the MØ PA response. These data indicate that immunosuppressed patients who have excessive  $T_h$  would develop MØ with elevated LP activity.

Our original demonstration of the development of excessive  $T_h$  activity was done by showing suppression of normal T cell proliferation in a mixed lymphocyte reaction (MLR). However, in the past two years, we have been using a system in which we measure  $T_h$  ability to suppress MØ PA production. The motivation for

changing suppressor assay systems was that the MLR assay required large cell numbers and required 6 days of incubation. In addition, we were aware that this system would only allow detection of nonspecific genetically nonrestricted suppressor cells. In animal models thermal trauma results in the early generation of an antigen specific suppressor inducer cell which is genetically restricted (57). Consequently, it was likely that such genetically restricted suppressor cells were also contributing to post trauma immunosuppression in patients. Tissue typing of patients to allow performance of a histocompatible MLR suppressor assay proved not to be a practical approach. Therefore, we attempted to develop a practical system which would allow detection of patients' genetically restricted  $T_s$  in a relatively short time frame. Although  $M\phi$  were generally not described as targets of  $T_s$ , a few reports in the literature appear to suggest that T cells could down regulate  $M\phi$  function (58). We initially produced an excess of  $T_s$  activity by activating a normal peripheral blood cell population with Concanavalin A (Con A). We had already demonstrated that these Con A T cells would suppress in a three way MLR. In our original publication (30), we examined the ability of Con A activated  $T_s$  to decrease PA production of syngeneic  $M\phi$ . We found that  $T_s$  could depress  $M\phi$  PA activity by 40-70 percent when the ratio of  $M\phi$  to  $T_s$  was 2:1. Reduction of the number of  $T_s$  and increasing the  $M\phi$  to  $T_s$  ratio to 10:1 reduced the suppression mediated (Tables 8-9). These data indicate that  $T_s$  can be assessed by their ability to depress  $M\phi$  PA function. Interestingly, we found that the Con A generated T lymphocyte population contained suppressors of both the T8+ and the T4+ T cell subset. We concluded from this that this assay could be used to detect both patient T suppressor inducers ( $T4^+$ ) and T effectors (T8). To detect genetically restricted  $T_s$ , we utilized the fact that patient  $M\phi$  PA does not appear to be suppressed in the first 24-48 hours post injury. We had previously determined that these  $M\phi$  cultured for 2 days in Iscove's media with 15% FBS were still actively producing PA. Initially, we had to explore a number of culture

conditions to find ones which allowed longer term cultures of MØ. These data also established that trauma had not immediately depressed MØ PA synthetic capacity since the MØ in culture until 5 days post injury had normal PA production while the MØ collected from the patient at 5 days post injury had depressed MØ PA production. We could then use the patients' early MØ (held in culture) to assess that same patients' T<sub>s</sub> activity. We, therefore, added patient T<sub>s</sub> to either normal individuals' MØ (cultured for 3 days) or to the patients own MØ (cultured for 3 days). As can be seen in Table 10, the patients' T<sub>s</sub> depressed the PA response of normals and patient MØ populations. The detection of depression of allogenic normal's MØ PA production by patient T<sub>s</sub> lead us to question if the mechanism of suppression we were examining was genetically restricted. We consequently examined suppressive activity of the T<sub>s</sub> subset defined as being the suppressor inducer (i.e., CD4<sup>+</sup> 2H4<sup>+</sup>) population by use of monoclonal antibodies directed to specific T cell phenotypic markers. As discussed in the background, the T4<sup>+</sup> T lymphocyte suppressor inducer can be segregated from the T4<sup>+</sup> helper inducer by its expression of the surface proteins that react with the monoclonal antibodies 2H4 or leu 8. Initially, we separated normal human PBL T lymphocytes into T helper/inducer and T suppressor/cytotoxic suppressor inducer and helper inducer subsets by panning using leu 8. The results of these experiments are shown in Table 11. We found that most of the suppressive activity for the MØ PA was contained in the suppressor inducer population. The T8 (suppressor/cytotoxic) population was suppressive when derived from concanavalin A (mitogen) activated populations but not when derived from unstimulated T lymphocyte populations. These data imply that selective monoclonal antibody therapy might be useful in moderating the post trauma immunosuppression mediated by excessive T<sub>s</sub>.

As we define the different trauma induced defects, we are interested both in how they might be modulated with therapy and how these defects might be rapidly detected in an Army applicable setting. For example, the detected increase in

MØ PGE<sub>2</sub> production post-injury might be modulated by administration of a prostaglandin synthetase inhibitor such as indomethacin or ibuprofen. If the action of the post trauma generated T<sub>8</sub> is to suppress T helper cell function, then T helper cell activators like thymosin peptapeptide (TP5) might be able to offset the trauma induced immunosuppression. Conversely, if the immunosuppression is a result of T<sub>8</sub> depression of MØ IL-1 production or MØ antigen presenting function, then a monocyte activator which does not increase PGE<sub>2</sub> production might counteract the T<sub>8</sub> depressing effect. In a series of experiments, we examined several of these prophylactic modalities. In several of these studies we utilized a guinea pig burn model. In this guinea pig model, a 25% scald burn is administered to the animals. Using this model (Publication #37), we were able to show that both Thymopoetin pentapeptide and indomethacin administered 8-10 hours after thermal injury could partially prevent the loss of immunocompetence in the animals. Neither treatment alone was completely effective and the combination of the two therapies produced the most protection from burn induced immunoincompetence. These data suggest that post burn immunosuppression results from a combination of several host defense system alterations and that combinational immunotherapy may be required to effectively prevent loss of immunocompetence after severe injury. We also examined the immunomodulating effect of low molecular weight dextran (a MØ activator) given as a prophylactic treatment to patients early in their post-injury period. Since dextran is an FDA approved drug used in many clinical settings, we could directly evaluate its immunomodulatory affect in a trauma patient population. Our results (Publication #38) indicated that dextran administration could partially prevent loss of some MØ function post injury. This therapy was only effective in patients with moderate injury severity scores (>25 <39) and seemed ineffective in patients with the most severe injuries. These data again seem to implicate multiple immune system defects in patients with the most severe injuries.

We also began to investigate the effect of bacterial products with MØ "adjuvant" properties as possible immunomodulators. We were aware that LPS had been previously shown to depress some immune functions rather than to stimulate them (59). Consequently, we decided to examine the immunomodulating effect of the bacterial products in our in vitro assays before examining their effect on an in vivo animal model. We first examined peptidoglycan polymers because the synthetic monomer muramyl dipeptide (MDP) is derived from these agents. MDP had been suggested as a possible immunopotentiating agent for thermal trauma. When we examined the effect of in vitro peptidoglycan stimulation on MØ functions, we found that although some functions were stimulated (such as leucocyte pyrogen production), other critical functions such as antigen presenting capacity were massively depressed (Publication #39). Consequently, we felt that bacterial like adjuvants were probably not appropriate therapy for immunosuppressed burn victims.

In summary, over the life of this contract, we have made the initial demonstration of the post trauma generation of T suppressor lymphocytes, we have determined that nutritional depletion is not the trigger but rather the result of post injury cellular aberrations, we have adapted and developed a number of new assays for assessing trauma patients cellular immune function which include: a measurement of MØ Plasminogen activator production, an assay for MØ procoagulant activity, an assay for patient T suppressor cells which uses a MØ target and requires a 2 day incubation rather than a 6 day incubation, and an assay for patient leukocyte pyrogen production. Using these assays, we have defined a number of crucial defects in both monocyte and T cell functions which are correlated with post trauma immunosuppression. Our current hypothesis is that alterations in crucial MØ T cell interactions may be the underlying mechanism of post trauma immunosuppression. In addition, we have examined several types of prophylactic therapies which are directed toward modulating the monocyte and T cell defects we described. Our data seems to indicate that a



combination of defects may be resulting in the immunocompromised trauma patient syndrome. Effective immunotherapy may require a combination of immunotherapeutic agents to contravene these multiple defects. The assays which we have developed are therefore important in the monitoring of the patients for the efficacy of immunotherapy as well as for detecting post trauma alterations in patient leucocyte function.

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TABLE 1

## REPRESENTATIVE BURN PT IMMUNE PROFILE

<u>Patient</u>	<u>Max % PA Sup</u>	<u>Max % PHA Sup</u>	<u>Age</u>	<u>% Burn</u>	<u>Outcome</u>
<u>Group I</u>					
Nl	24	6	46	30	No complications Discharged Day 36
We	10	7	22	34	No complications Discharged Day 20
Ou	20	12	23	20	No complications Discharged Day 35
Ha	27	14	32	38	No complications Discharged Day 25
Mu	30	17	39	60	No complications Discharged Day 39
Ba	10	4	64	12	No complications Discharged Day 42
<u>Group II</u>					
Cr	49	+280	21	40	Strep infection - recovered
Nu	40	+167	46	35	Staph infection - recovered
Ny	33	+250	38	35 (4°)	Pseudomonas infection recovered
Eg	29	+173	29	38	Staph infection - recovered
Te	40	+128	28	37	Pseudomonas infection recovered
At	49	+320	25	55	Staph infection - recovered

(Cont.)

TABLE 1 (Cont.)

<u>Patient</u>	<u>Max % PA Sup</u>	<u>AGE</u>	<u>Group III</u>		<u>Outcome</u>
			<u>Max % PHA Sup</u>	<u>% Burn</u>	
No	62	82	-89	25	Fatal staph sepsis Day 30 post burn
Fr	64	38	-62	80	Fatal staph pneumonia Day 42 post burn
Oc	73	29	-69	35	Fatal staph sepsis Day 28 post burn
En	61	33	-67	80	Fatal Serratia sepsis Day 17 post burn
Bo	62	34	-82	85	Fatal staph sepsis Day 62 post burn
Fe	90	42	-66	50	Fatal staph pneumonia Day 42 post burn
Ba	62	76	-94	17	Fatal E. Coli sepsis Day 25 post burn
Ge	67	81	-61	25	Fatal pseudomonas pneumonia - Day 20 post burn
Md	72	60	-74	40	Fatal pseudomonas pneumonia - Day 12 post burn
Sh	62	22	-66	60	Resistent pseudomonas Resistent staph Discharged Day 117
Wi	65	54	-70	28	Recurrent staph aureus - Discharged Day 122
Be	64	58	-78	25	Strep pneumonia Strep sepsis Discharged Day 91
Cr	55	86	-74	15	Recurrent strep infection Discharged Day 126
Ma	58	47	-53	35	Recurrent staph infection Discharged Day 58

TABLE 2  
Range of C Synthesis Response by Normal  
MØ After Stimulus with Fc

Plaques/ $10^6$  MØ

Normal	a	b	c	d	e	f	g	h	i	j	k	l	m	$\bar{x}$
2 Days of Culture with Stimulus														
None	10	7	9	2	2	2	6	0	8	6	10	-	-	$6 \pm 3$
Fc	22	32	16	10	4	10	16	9	18	15	20	-	-	$16 \pm 7$
4 Days of Culture with Stimulus														
None	10	10	10	10	15	3	5	9	12	13	10	12	10	$10 \pm 3$
Fc	18	30	20	27	20	12	28	19	17	20	15	20	30	$21 \pm 5$

TABLE 3  
Range of C Synthetic Response by Normal MØ  
After Stimulation With PHA Induced Lymphokines

Plaques / $10^6$  MØ

Normal	a	b	c	d	e	f	g	h	i	j	k	l	$\bar{x}$
2 Days of Culture With Stimulus													
None	2	7	2	6	6	0	-	-	8	-	-	-	$4 \pm 3$
PHA	2	15	15	17	16	5	-	-	12	-	-	-	$12 \pm 6$
4 Days of Culture With Stimulus													
None	4	10	10	13	5	9	10	10	-	3	12	12	$9 \pm 3$
PHA	4	17	20	12	24	15	12	19	-	15	16	15	$15 \pm 5$

TABLE 4  
Failure of PPD to Stimulate Normal  
Individual's MØ C Production

Plaques/ $10^6$  MØ

Normal	a	b	c	d	e	f	g	h	i	j	$\bar{x}$
2 Days of Culture With Stimulus											
None	2	10	9	2	2	8	6	-	-	-	$6 \pm 4$
PPD	2	8	1	0	1	7	1	-	-	-	$3 \pm 3$
4 Days of Culture With Stimulus											
None	4	10	10	10	13	9	5	12	12	10	$10 \pm 3$
PPD	4	7	8	10	8	9	7	6	9	12	$8 \pm 2$

Decreased C2 Synthesis by Burn Pt MØ  
Collected at Various Days Post-Burn

Plaques/ $10^6$  MØ

After 4 Days Culture

Patient/ Cont.	Post-Burn Days 1 - 2		Post-Burn Days 5 - 7	
	Unstim	Stim	Unstim	Stim
p1/c	7/10	32/27	0/8	5/22
p2/c	9/8	24/18	2/5	2/18
p3/c	2/10	12/20	0/10	6/18
p4/c	3/2	10/15	7/5	9/18

TABLE 6

Correlation of  $PGE_2$  with Massive Increase of  $PGE_2$  at 1-4 Days Post-Burn

Patient	Max $PGE_2$ 1-4 Days	Max $PGE_2$	Outcome
<u>Group I</u>			
AR	+200	+500	No complication released
PH	+4,113	+10,000	No complication released
<u>Group II</u>			
EL	+725	+11,566	Staph infection recovered
RI	+2,254	+34,503	Staph infection recovered
ZY	+1,404	+22,871	Pseudomonas infection recovered
<u>Group III</u>			
MO	+8,200	+8,270	Succumbed to staph sepsis
MC	+48,090	+48,090	Succumbed to pseudomonas sepsis

TABLE 7

Elevation of MØ LP Production Concomitant  
to Depressed MØ Immune function and Unaltered MØ PCA Activity

4 - 6 Days Post-Injury

	LP Levels	PA Production	PCA Activity
Septic Trauma Patients	$+ .86 \pm .17$	$9.6 \pm 2.6$	$17.4 \pm 6.7$
Trauma Patients	$+ .33 \pm .12$	$34.5 \pm 5.0$	$2.9 \pm 7.7$
Controls	$+ .27 \pm .12$	$31.4 \pm 5.8$	$5.6 \pm 4.2$

TABLE 8

Suppression of MØ PA Production by Con A Activated Cells PA as % Fibrinolysis

<u>Exp#</u>	<u>Control</u>	Control MØ + Total Con A	Control MØ + OKT8 <sup>-</sup>	Control MØ + OKT8 <sup>+</sup>
		<u>Induced Cells (% sup)<sup>1</sup></u>	<u>Depleted (% sup)<sup>2</sup></u>	<u>Enriched (% sup)<sup>3</sup></u>
321	46.5	25.2 (46%)	35.1 (25%)	N.D.
387	79.5	46.1 (42%)	60.1 (25%)	N.D.
399	37.8	17.5 (54%)	23.7 (27%)	N.D.
400	37.8	20.5 (46%)	32.9 (13%)	N.D.
418	49.8	30.2 (39%)	43.5 (13%)	N.D.
422	49.7	37.9 (24%) <sup>4</sup>	34.6 (30%)	37.9 (24%)
430	26.3	13.3 (48%)	20.2 (23%)	21.7 (17%)
432	62.3	52.3 (17%) <sup>4</sup>	49.6 (20%)	42.4 (32%)

<sup>1</sup> % suppression mediated by a ratio of 2 MØ/1 Con A induced cell

<sup>2</sup> Con A induced cells treated with OKT8 + C (OKT8<sup>+</sup> cells depleted)

<sup>3</sup> Con A induced cells FACS sorted for OKT8<sup>+</sup> cells (OKT8<sup>+</sup> enriched)

<sup>4</sup> Suppression ratio changed 10 MØ : 1 Con A induced cells

TABLE 9

Suppression of MØ PA Concomitant to Enhanced LP Production

		<u>% Sup</u>	<u>LP</u>
<u>x Norm</u>	MØ alone	0	.2
Exp.1	MØ + T <sub>s</sub>	63	1.1
Exp.2	MØ + T <sub>s</sub>	43	.7

Table 10

Effect of Patient T Cells on MØ Function

<u>Exp 130</u>	<u>LP▲ temp <sup>a</sup></u>	<u>PA % <sup>b</sup></u>
Norm MØ	.15	52.6
Norm MØ + Pt T Cell <sup>c</sup>	.20	22.3
Pt MØ	.65	49.9
Pt MØ + Pt T Cell <sup>d</sup>	.85	13.9

<u>Exp 112</u>	<u>LP▲ temp</u>	<u>PA %</u>
Norm MØ	.3	59.5
Norm MØ Pt + Pt Cell	.35	37.7
Pt MØ	.35	21.5
Pt MØ + Pt T Cell	.75	10.5

- a. Leukocyte pyrogen (LP) was assessed as change in temperature (▲ temp) of mice injected with 0.3 ml MØ sup.
- b. MØ production of Plasminogen activator (PA) is measured in percent specific fibrinolysis.
- c.  $2 \times 10^6$  normal individuals MØ were cocultured 2 days with  $2 \times 10^6$  patient (pt) T lymphocytes.
- d.  $2 \times 10^6$  patient isotated at day 1-3 post injury were cocultured for 2 days with the Pt T cells collected 4-6 post injury.

TABLE 11

MØ PA FIBRINOLYTIC UNITS PRODUCED BY  $5 \times 10^5$  MØ CULTURES

	EXP	EXP	EXP	EXP	EXP	EXP
ALONE	41.9	42.2	35.0	21.9	18.0	21.7
+ T <sub>SI</sub>	22.2	31.4	13.4	13.3	12.1	14.5
+ T <sub>HI</sub>	41.0	45.5	38.9	21.7	21.7	26.0
+ T <sub>8</sub>	24.9	--	35.6	22.7	12.8	18.1
+ T <sub>SI</sub> & T <sub>8</sub>	24.9	35.9	15.3	--	12.0	--
+ T <sub>HI</sub> & T <sub>8</sub>	41.7	--	25.8	18.9	17.4	--



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